# Getting started with **Wodify Pulse**

Congratulations on your purchase of Wodify Pulse, powered by Myzone. We know you're going to love seeing how Wodify Pulse will have a positive impact on your gym and your members.

### Starter pack includes:



#### 1. One Myzone Mini-PC

- 2. One Myzone Receiver
- 3. One Power Cord
- 4. Two MZ-Switch exercise devices
- 5. Two MZ-1 exercise devices
- 6. Mini keyboard remote
- 7. Wodify Promo Pack

## What you'll need:



1. Wodify Kiosk screens & power outlet



wodify Pulse Powered by myzone

## Let's get started!

Connect power cable supplied with your Myzone Mini-PC to the Myzone Mini-PC and a power outlet located near the TV.



- a) The power cable will connect through a port located on the back of the Myzone mini-PC.
- Connect the Myzone Mini-PC to the HDMI port on your TV.
  - a) If there isn't enough clearance around the TV for the Mini-PC to fit, you can use the wall mount provided.
  - b) Make sure your TV input is set to this HDMI port.
- 3 Connect the Myzone Receiver to the Myzone Mini-PC via a USB port and place the Myzone Receiver at 8-10 ft on the wall. Ensure the Myzone Receiver is not obstructed from view in any way.



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- Make sure the Myzone Mini-PC is powered on. You will know the Mini-PC is powered on when you see a blue light on the PC. Your Mini-PC may automatically power on once inserted into the TV, however if it does not, there is a power button on the top.
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Power the mini keyboard remote by switching on the power button located on the left of the keyboard. There should already be a micro-USB chip plugged into your Myzone Mini-PC which connects to the remote. If there is not, check the back of the remote keyboard for the micro-USB chip, and plug into the Mini-PC. Once connected, a solid blue light will appear on the remote keyboard.



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Using the mini keyboard remote, connect to your internet.

CONNECT to your internet. a) Click the Wi-Fi icon located at the bottom right-hand corner of your screen.

b) Connect to your club's Wi-Fi.

**Note:** The flat surface on the remote is a trackpad, use your finger to move the mouse. Tap with one finger to right click, tap with two fingers to left click.

- Make sure the time is correct in the bottom right of the screen. If the time is wrong, right click and select adjust date/time. Then pick the correct time zone and make sure "Set Time Automatically" is turned on. If it is already on, turn it off and turn it on again. The time should now be correct.
- 8 Email support@wodify.com to have the Myzone software application downloaded to your desktop. Once Wodify support has installed the software, they will provide you with your unique License #. Once this has been entered, you can now switch your TV input back to Wodify Core Kiosk.
- 9 Register one of the Myzone devices you received in your starter pack via the "Add device" feature on the Wodify Pulse page in Wodify Core. Here's how: <u>belts.wodifypulse.com</u>
- Once you have registered a device to your profile:
  1. Switch over the Wodify Core Kiosk.
  2. Sign yourself into a class.
  3. Confirm their heart rate information is displayed on the Coachboard tile.
  Not working? Here are some troubleshooting tips: getstarted.wodifypulse.com

Promote Wodify Pulse and Myzone exercise devices to all members of your gym using posters, brochures and targeted emails. Here are some samples: marketing.wodifypulse.com

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13 Create and run workouts using Wodify Pulse, highlighting optimum heart rate percentages. Here is a guide: trainingzones.wodifypulse.com

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